

The 4-31-36 Bible Reading Plan

Repeated reading is the key to understanding and communicating what the Bible says. The serious Bible reader has at least three goals in mind: to increase his understanding of and devotion to God, become wise in the fundamental realities of life, and gain a working knowledge of the Scriptures.

This is what the **4-31-36 Plan** is all about: **4** daily Bible readings for **31** days, repeated **36** times. The regimen consists of reading five Psalms a day, one chapter of Proverbs a day, and daily readings from the Old and New Testaments for three years. Here is the break down.

Psalms is the devotion book of the Bible, couched in the day-to-day reality of living in two dimensions (the temporal, earthly reality and the heavenly, eternal reality) and being accountable to a sovereign God who rules over all. Strengthen your devotion to God by reading five Psalms everyday. For example, Day 1 Reading is 1, 31, 61, 91, and 121. Day 2 is Psalms 2, 32, 62, 92, and 122. Whatever the day is, you read that Psalm and add 30 to it four times. In the 4-31-36 Plan, you read Psalm 119 on Day 31. With the plan, Psalms is read 36 times.

Proverbs is the wisdom book of the Bible. To gain godly wisdom for day-to-day living, read a chapter a day for 31 days. For example, Day 1 is chapter 1. Day 2 is chapter 2. By so doing, Proverbs is read 36 times in the 4-31-36 Plan..

The Old Testament. The other 37 books of the Old Testament are divided into daily readings for a yearly read, repeated three times in the 4-31-36 Plan. The repeated reading will provide you with an overview of God's working in human events to bring to us His Son, Jesus Christ our Lord and Savior.

The New Testament. Books of the New Testament are read daily. Small books like James are read through in one setting every day for 30 days. Larger books are divided into sections. For example, Mark is divided into two sections of 8 chapters and John into 3 sections of 7 chapters. At the end of 60 days Mark is read 30 times and John is finished in 90 days. This repeated reading results in the whole New Testament being read 30 times.

Take notes while you read and write down the major themes of the chapters. Referring to them often will help you visualize the content and prepare you for in-depth Bible study.

Included is the **4-31-36** Reading Regimen. To begin, open the first thirty-one day reading. When finished, return and open the next one and so on until you have completed the reading. Reading the Word often and repeatedly will result in the Word dwelling in you richly in all wisdom (Col 4:16), teaching, rebuking, correcting, and training you how to live right (2 Tim 3:16,17), and providing you with the patience and comfort that keeps hope in Christ alive (Rom 15:4). Requires PDF reader.